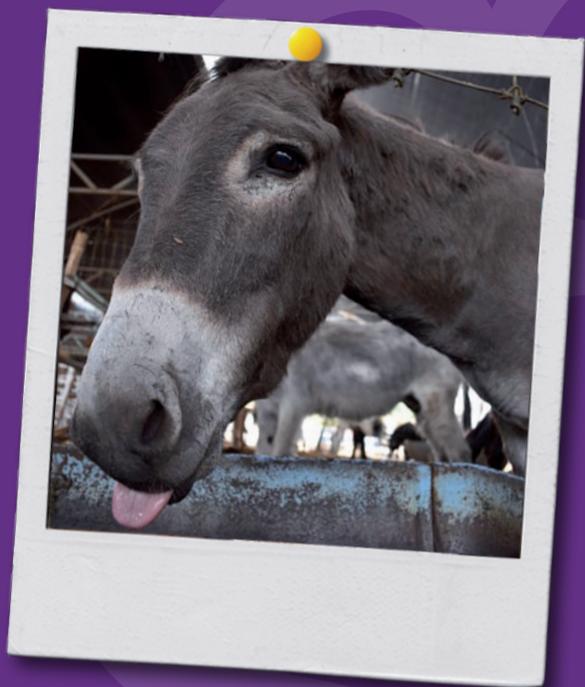




# Asinotherapy

Rehabilitation with Donkeys



This is an equestrian practice in which the donkey acts as an animal co-therapist, that is, cooperates with a professional team to obtain therapeutic and / or educational objectives previously planned for a specific patient.

“The donkeys have an innate emotional intelligence that can help develop the set of psychosocial and emotional abilities of humans.”

## CHILDREN LOVE DONKEYS

Even the most restless, agitated or withdrawn of children is much calmer when caressing or talking to a donkey.

## Did you know ?

The donkey is in danger of extinction.



A secret shared with a donkey will never be revealed as it might be when shared with another human.



## BENEFITS

### EDUCATIONAL AND OCCUPATIONAL

It allows working aspects such as attention and memory, which directly affect learning.

### EMOTIONAL

Allows the development of feelings of confidence and increased self-esteem. If the donkey perceives an excessively high or violent energy, it can avoid contact, for which the patient will have to self-regulate and learn to control his impulsiveness. The contact with the donkey offers moments of great relaxation, in which you even get to perceive a decrease in blood pressure and heart rate.

### PHISYCAL

Allows to work the motor skills and coordination through the motivation of working with an animal without having to ride it.



YaaKunah